SEPTEMBER EDITION 

COUNSELOR AND SOCIAL WORK NEWSLETTER

MS. Leal

Hello. My name is Martha Leal. I have lived in the beautiful town of Bastrop for over 20 years. I am married to my best friend, and have three beautiful children and seven precious grandchildren. In addition, we share our home with five small dogs, three chickens, and a rooster. To some, these may be pets, but to us they are members of our family. I have worked for Bastrop ISD since 2008. I taught first grade for seven years and have been the school counselor at LPE since 2016. I received my Bachelors of Science in Applied Sociology from Texas State University-San Marcos, and my Masters degree in Counseling from Lamar University.

What the Counselor does: **PAL’s Coordinator**

MS. Sebastian Hello! My name is Elizabeth Sebastian. This is my second year in the district but my first year at LPE and I am excited to be here! I got my degree in Social Work from UT Austin and have lived there ever since. I grew up in Alabama and love taking trips back to the Gulf Coast to see my family. I also enjoy reading, swimming, hiking, and music.

What the Student and Family Support Specialist does: **Resource Connection**

**Provide resources to homeless, highly mobile, foster care, and migrant students**

**Mentor Coordinator**

**Volunteer Coordinator Student planning**

WHAT WE DO

**Social Skills Lessons Guidance Lessons Restorative Process Behavior Support**

**Crisis/suicide Intervention**

**Individual**

**Counseling**

**Group counseling Behavior Support**

**Student and parent support / advocate Mental health**

**support**

**Referrals**

**And more……..**

A Note From Scouts Of America

We’re all about encouraging boys and girls to make friends, be helpful to others, and do their very best no matter the outcome. With the help of powerful learning projects and exciting outdoor activities, we aim to teach children that doing their best can be a fun

and rewarding experience—no matter the difficulty of the challenge. **To learn more about Cub Scouting, visit the Join Scouting Night on Oct. 4 at 6 PM here at Lost Pines Elementary in the cafeteria.**